



# International Austrian Championships

## MAIN INFORMATION

NAME OF THE EVENT: INTERNATIONAL AUSTRIAN CHAMPIONSHIP'S		
CITY / COUNTRY: Hitzendorf bei GRAZ / AUSTRIA		
DATE: 14. 10 – 16.10.2022 (departues also possible October 15 <sup>th</sup> )		
EVENT OPEN FOR : <b>AUSTRIA, GERMANY, CZECH REPUBLIC, SLOVAKIA, HUNGARY, SLOVENIA, CROATIA, SWITZERLAND, LIECHTENSTEIN, ITALY</b>		
IFBB ELITE PRO CARD QUALIFIER	YES	NO <input checked="" type="checkbox"/>
IFBB INTERNATIONAL RANKING QUALIFIER	YES	NO <input checked="" type="checkbox"/>
DAY OF ARRIVAL 14/10/2022		
DAY OF DEPARTURE 16/10/2022 (possible also October 15 <sup>th</sup> )		
REGISTRATION DAY: 14/10/2022	TIME: 14:00 – 18.00	PLACE: <b>Arnold Schwarzenegger Museum</b> Linkastraße 9, 8051 Thal bei Graz
WEIGHTIN DAY: 14/10/2022	TIME: 14:00 – 18.00	PLACE: <b>Arnold Schwarzenegger Museum</b> Linkastraße 9, 8051 Thal bei Graz
*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.		
RECOMMENDED AIRPORT: AIRPORT GRAZ, AIRPORT VIENNA / SCHWECHAT, AIRPORT SALZBURG		

**VISA INFORMATION:** It is national federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas. Detailed information can be found at: [www.oesterreich.gv.at](http://www.oesterreich.gv.at)

\*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **KIRSCHENHALLE**, Hitzendorf 176, Hitzendorf near Graz. The Kirschenhalle is the largest and popular Multifunctional Hall in western Styria, located 15 Minutes from the birth place of Arnold Schwarzenegger. It takes 20 minutes by Taxi or Car to get to the city center of GRAZ.

**Day of competition: October 15<sup>th</sup>**  
**Start time: 02.00 p.m.**

#### HOTEL INFORMATION

##### RECOMMENDED HOTELS:

- HI 5 Seiersberg ([code for 10% discount: IFBB 2022](#))
- Austria Trend Hotel Europa
- NovoPark Flugzeughotel
- Motel One
- Bokan

#### REGISTRATION FEE:

Each athlete and Delegate or Extra Delegate must pay the IFBB registration fee of Each.

**55 € (EUROS)**

Registration fee for athletes is to be paid **in CASH** onsite on the day of registration.

**CROSSOVERS: 35 €**

**DEADLINE FOR ONLINE PAYMENT: none**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35/45\$ and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

#### CATEGORIES:

##### **JUNIORS (16-23 YEARS OLD):**

**-MEN BODYBUILDING :OPEN**

**-MEN'S PHYSIQUE: OPEN**

**-MEN CLASSIC BODYBUILDING: OPEN**

**-WOMEN BIKINI: OPEN**

**-WOMEN BODYFITNESS: OPEN**

**-MEN CLASSIC BODYBUILDING\*: UP TO 175cm**

**-MEN CLASSIC BODYBUILDING\*: OVER 175cm**

**-MEN CLASSIC PHYSIQUE\*: OPEN**

**-MEN'S PHYSIQUE: UP TO 178cm**

**-MEN'S PHYSIQUE: OVER 178cm**

**-MUSCULAR MEN'S PHYSIQUE: OPEN**

**-WELLNESS FITNESS: OPEN**

**MEN MASTERS:**

- MEN BODYBUILDING >40 yrs: OPEN
- MEN CLASSIC BODYBUILDING>40 yrs\*: OPEN
- MEN’S PHYSIQUE >40 yrs: OPEN

**WOMEN MASTERS:**

- WOMEN BODYFITNESS>35yrs: OPEN
- WOMEN BIKINE>35 yrs: OPEN

**SENIORS (MEN & WOMEN):**

- MEN BODYBUILDING: UP TO 75kg
- MEN BODYBUILDING: UP TO 85kg
- MEN BODYBUILDING: UP TO 95kg
- MEN BODYBUILDING: OVER 95 kg

**- WHEELCHAIR: OPEN**

- WOMEN PHYSIQUE : OPEN
- WOMEN BODYFITNESS: OPEN
- WOMEN BIKINI: UP TO 163cm
- WOMEN BIKINI: UP TO 169cm
- WOMEN BIKINI: OVER 169cm
- WOMEN WELLNESS FITNESS: OPEN
- WOMEN FIT MODEL: OPEN
- WOMEN ACROBATIC FITNESS: OPEN
- FIT PAIRS: OPEN

\*- Categories with weighth/height limits

**POSSIBLE CROSSOVERS:**

Classic Bodybuilding – Classic Physique – Bodybuilding;  
 Women’s Bikini – Women’s Fit-Model  
 Women’s Wellness – Women’s Fit Model  
 Women`s Bikini – Womens Acrobatic Fitness  
 Also Junior and Masters in senior classes.

**AWARDS:**

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a trophy.

**IFBB ELITE PRO CARDS:**

NONE

**\*REGISTRATION DEADLINE**

PRELIMINAR ENTRY FORM: **NO**

FINAL ENTRY FORM: not later than **October 11th**

**CAMERA/VIDEO TAPE EQUIPMENT**

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

**GREEN CARDS**

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.

Green card price: € 25,-- each

**TANNING NEEDS**

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** , contact: <https://book.jantana.eu>

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: **Mr. Jörg Kapfer**  
E-mail: [office@ifbbaustria.at](mailto:office@ifbbaustria.at)

Please send a copy to IFBB Technical  
Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office: Ms.  
Maria Sanson  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

**Mr. Jörg Kapfer**  
President of IFBB AUSTRIA  
E-mail: [office@ifbbaustria.at](mailto:office@ifbbaustria.at)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/60\$ paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting